



## ***Gender Affirming Gear: Packers***

*Packers can have multiple uses, but the primary purpose is to alleviate bottom dysphoria by creating a bulge in your pants. Skipping Stone carries a limited supply of packers from a number of different companies. A staff member can give you more information on specific brands or more resources about anything below.*

### ***Considerations:***

- *Packers come in different shapes, sizes, colours and materials; some are more anatomical looking than others. Commonly, packers are made of a silicone/elastomer blend and are latex-free, phthalate-free and body safe.*
- *Packers are not stand to pee (STP's) devices, nor are they meant to be used for sex. There are other types of gear meant for these purposes.*
- *DIYing a packer is super easy and commonly done with a pair of rolled socks.*

### ***Wear and care:***

- *There are many options for comfortably holding your packer in place, a regular pair of boxer-briefs or a simple safety pinned pouch can easily hold your packer. Specially designed boxers, pouches, and harnesses are available online.*
- *Position your packer in a way that feels comfortable for you, many find comfort in "packing down" meaning in a folded position tucked slightly between your legs.*
- *We do not recommend putting your packer directly against your skin for daily use. "Softskin" (commonly sticky and squishy) packers like the Mr. Limpy are highly porous and prone to holding bacteria- this may cause irritation to the skin or even infection.*
- *Your packer (softskin packers) should not be exposed to anything high heat including being left in the sun. Store in a dark dry place at room temperature.*
- *Wash it regularly using lukewarm water and unscented soap. Leave it to dry completely before treating it.*
- *Most softskin packers need to be treated with cornstarch (or equivalent) to make it smoother and prevent it from collecting lint and deteriorating. This can be done by putting your dry packer and a teaspoon (or 2) of cornstarch in a plastic bag and shaking until covered.*